



Course Content

1. **Field of study:** *Organisational Praxis* as a focus area in the field of Practical Theology
2. **Course title:** *Narrative Coaching* - (also called Narrative Practice - Level 1)
3. **Course Dates:** 22 – 26 February 2016
4. **Delivery mode of the course:** Class contact sessions
5. **Number of contact days:** 5
6. **NQF Level:** Estimated level 7-8 (part of recognition for a level of learning on route to honours level degrees and professional practitioners which would be 9-10)
7. **Assessment Type:** Class Assignments and Coaching Assessment
8. **Course Fee:** R9500

9. **Brief Description of course:**

The coaching course is a very practical workshop orientated approach to learning Narrative Coaching. It takes the participant on an experiential journey with a world renowned narrative practitioner. Ample time is given to practice the approach in the class-room environment with real to life situations among the learners. In this the course offers a way to contribute practice hours to one's own coaching log.

10. **Course Content**

From a very practical 'hands-on, feel-it' approach the course participants learn about

- Narrative assumptions and worldview
- Relational ethics
- Managing power, ego
- Externalising Practices
- Positive Deconstruction
- Appreciate ways of being
- Developing rich descriptions
- Remembering practices
- Mapping the influence
- Building a sense of agency

11. **Added Value / Course Benefits**

- The *Narrative Coaching Course* forms part of, and is thus fully aligned with, the *Advanced Course in Personal and Corporate Coaching*.

- In the advanced course it forms the fourth module which can be upscaled to enrol for either a two-/ three module course. Or, it can be cost effectively upscaled to enrolment for the mentioned Advanced Course Should participants wish to continue their learning they can do so cost effectively within a period of years – provided there are no major revisions in the course material and structure.
- Seeing that the course is tightly integrated into the advanced course, once the advanced course is completed it opens up opportunities to further studies on a Masters Degree level (with certain terms and conditions that apply).
- The course offers an opportunity to contribute to the participants coaching log for purposes of registering as a coach.
- Advice and guidance on the process of getting certified at the various coaching governing bodies.
- Certification from University of Pretoria, continued education, a leading university and registered with the Higher Education Counsel of South Africa.
- Intentional smaller groups for the purpose of advanced learning opportunity. (A different date will have to be scheduled for participants above a certain number as also influenced by available venues)
- **In relation to the professional practice section of the course, participants will receive a significant subsidy if they want to set up a professional website and brand.**
- Other relevant benefits include course material, snacks, coffee/tea, lunch.

12. Learning Outcomes

- 'n Hands on experience of a narrative coaching process
- Gain an understanding of critical ideas informing narrative coaching such as influence mapping and 're'membering practices
- Learning how to work with stories to inspire change and transformation
- Learning to work with stories to deal with a diverse subject matter, from performance to life coaching and more

13. Who should enrol?

Cultural and Diversity Practitioners, Decision makers, Managers and Team leaders, Coaches, Facilitators, Mentors, Mediators, Consultants, Trainers, Organisational Development and Human Resources Practitioners, Transformation and Change Management Practitioners.

14. Entrance requirements

Any one of the following and in order of what is most successful:

- Existing Practitioners in any of the professional/skilled helping modalities such as facilitation, consulting, counselling, mentorship.
- Existing management or leadership positions
- 3-5 years work experience on at least management level
- Preferably undergraduate degree (or a case could be made in other instances)
- Other relevant continuing education short courses

15. Extended Course Options

The following four modules are part of a series that collectively forms the *Advanced Programme in Personal and Corporate Coaching*. All the modules while presented independently are fully strategically aligned with one another

- Narrative Coaching – Level 1 (1 Methodology) [22 – 26 February 2016]
- Advanced Narrative Practice (1-3 Methodologies) [02 – 06 May 2016]
- Advanced GROW model and Quintessential Genres (1-3 Methodologies) [01 – 05 August 2016]
- Contextual-Collaborative Coaching (1 Methodology) [17 – 21 October 2016]
- Key Assignment/Research Module [Non-contact driven]

Saving anything from R1,000 to R6,000 by combining courses/modules:

- Any one module/course costs R9,500
- Two modules R18,000 (*Save R1,000*)
- Three modules R25,500 (*Save R,3000*)
- Four modules (is the advanced course) (*Save R6,000*)

Please note that the Research Module is effectively free but can only be taken in conjunction with enrolling with at least 3 of the 4 modules. However, if certain terms and conditions are met the Research Module can be taken separately so as to fulfil criteria for enrolling for a masters degree. Please inquire about fee's with the course facilitator to take the Research Module separately.

16. Course Leader Details:

Name: Dr Elmo Pienaar

Tel: Please visit website for ways to get in touch, relevant information and more at www.elmopienaar.com

Considering to rather enrol for the *Advanced Course in Personal and Corporate Coaching* of which this course is a component visit:

www.elmopienaar.com/advanced-coaching-course/

Short introduction:

- For the past number of years, as a research fellow at the University of Pretoria, Dr. Pienaar took focus on the theme of Narrative and Spiritual Coaching in Organisational Development, comparing coaching to other practices such as consulting and facilitation. Prior to this he has been involved in profit and non-profit driven organisations and founded or developed several business.
- He is doing an Executive MBA programme in aid of having established a postgraduate research community exploring the area between Organisations and matters such as workplace spirituality. He is the course leader for the Advanced Course in Personal and Corporate Coaching presented by 'Continuing Education at University of Pretoria' and aspects of said course also offered by way of individual modules.
- His PhD explored the interaction between narrative ideas and the arts, covering personal to organisational settings.
- Apart from research endeavours, in practice he is a meaning architect, organisational consultant and mission-designer. He is a leading consultant at Telling Outcomes that works particularly with narrative practice. He brings together the theoretical rocket science and practice of skilled helping through which raises the standard of leadership, management and professional services such as coaching, mentorship, facilitation, consulting and counselling.
- He invites novelty, creativity and artistic thinking and application, will not let go of collaboration and empowerment, and gets into trouble by unknowingly deconstructing modernistic silos and challenging taken for granted beliefs and practices.



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